



December 15-21, 2014

Cycle 6

Food portions at breakfast and lunch will be served as required by the Healthy Hunger-Free Kids Act of 2010.

For more information, please visit the FNS website:

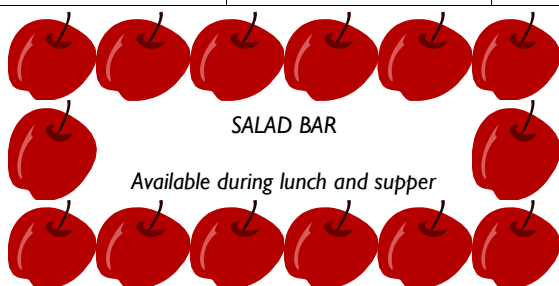
<http://www.fns.usda.gov/cnd/governance/legislation/nutritionstandards.htm>



Some menu suggestions by
Saguaro Residence

****Please note: Items are subject to change based on availability without prior notice****

Mon 15	Tue 16	Wed 17	Thu 18	Fri 19	Sat 20	Sun 21
WW toast Pineapple Orange juice Hashbrown Bacon Milk	Fidel's fixin's Call in for menu 520.770.3696	WW tortilla or WW toast Peaches Craspberry juice Country potatoes Scrambled eggs w/ chorizo Milk	Fidel's fixin's Call in for menu 520.770.3696	Fidel's fixin's Call in for menu 520.770.3696		
Fidel's fixin's Call in for menu 520.770.3696	WG French bread pizza Romaine caesar salad Fruit rollup Milk	Fidel's fixin's Call in for menu 520.770.3696	<i>Holiday/Christmas Luncheon</i> Tamale (pork) Sour cream chicken enchilada Seasoned pinto beans Calabasitas Holiday cookie Milk/Punch (lettuce/salsa)	Fidel's fixin's Call in for menu 520.770.3696		
Oven fried chicken Peas and carrots Mashed potatoes Just dessert Milk (gravy)	Tony's choice Call in for menu 520.770.3696	Sonoran hotdog (pinto beans/sautéed onions/ diced tomatoes/lettuce) Corn chips Gel-o Milk	Tony's choice Call in for menu 520.770.3696	<i>Wishing you all Happy Holidays Merry Christmas and A Great 2015!!</i>		<i>January 4, 2015</i> Super nachos (tortilla chips/taco meat/seasoned pinto beans/sour cream/guacamole/salsa/lettuce/cheese sauce/ jalapeno slices) Spanish rice Cookie Milk



- ♦ 1% and fat-free milk offered at every meal
- ♦ fat-free chocolate milk will be offered at lunch and supper every Tuesday and Thursday
- ♦ fat-free strawberry milk may be offered occasionally

Criteria for a meal to be reimbursable:

- ⇒ **Must have 3 components (one component must be fruit or vegetable) at breakfast**
- ⇒ **Must take the fruit or vegetable component and 2 other components from 5 different components (food groupings) at lunch**

Breakfast:	6:45-7:45am Monday-Friday
Lunch:	11:30am-1:10pm Monday-Thursday
Supper:	4:30-6:00pm Monday-Thursday
	11:30am-1:00pm Friday
	4:30-5:30pm Friday
Saturday & Sunday Lunch:	12:15-1:15pm
Saturday & Sunday Supper:	4:45-5:45pm

If you have questions about this menu, please call the Food Service Department at 520.770.3696 or send an email to jeanne.foster@asdb.az.gov

The US Department of Agriculture prohibits discrimination in the operation of the Child Nutrition Programs on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call toll free 866.632.9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800.877.8339 or 800.845.6136 (Spanish).